

NEWSLETTER

June 2026



“Accurate diagnosis, trusted results, better health outcomes.”



DR. NIKUNJ JAIN

CO-FOUNDER AND HOD - NUCLEAR MEDICINE

June is Men's Health Month (also Men's Wellness Month), an event aimed at encouraging men to practice disease prevention and start making a difference for their health. A lot of men fail to get periodic physical examinations and health screening, and ignore their signs till they become irreversible. Early diagnosis is one of the most effective prevention and treatment measures to avoid health issues.

Molecular Diagnostics and Therapy recognize that periodic health screenings are important to safeguard health in the future. Periodic examinations help catch certain diseases like diabetes and cardiovascular conditions, high cholesterol, thyroid conditions, liver and kidney disease, as well as certain cancers early. The ability to diagnose quickly enhances the likelihood of successful treatment, in addition to helping individual make informed choices about their lifestyle and healthcare options.

As always, we had been trying to promote preventive healthcare in the community, and we very successfully organized a healthcare and early diagnosis camp at Ram Mandir Hall, Vivek Vihar. More than 200 people utilized the initiative, which included complete pathology testing, expert advice, and rapid reporting. Their overwhelming interest added to the awareness of the need for routine health checks and early intervention.

During Men's Health Month, we are encouraging all men to take control of their health. You can avoid serious health issues down the road by scheduling routine check-ups today. A simple health checkup can be the first step to a healthier, longer, and more active life. We are always grateful to our patients and persist in fulfilling our mission to provide reliable diagnoses, empathetic care, and increased awareness of health in our communities.

We would be so pleased to hear your opinion and feedback at info@molecularit.com

Stay Healthy, Stay Aware, Stay Empowered.

Men's Health Month: Essential Health Screenings Every Man Should Have



Men's Health Month is celebrated around the world during June to raise awareness about the health risks men have and to promote preventive health care. Even with modern developments in health care, men still fail to schedule routine health care visits and health provider checks down to the last minute, which, when symptoms become severe.

Many serious conditions can affect your health, including heart disease, diabetes, hypertension, prostate disease, and some cancers, and may not manifest any symptoms in very early stages. The main goals of regular health checkups are to identify the signs of these conditions as early as possible so that treatment can be applied when needed to enhance the outcomes.

At Molecular Diagnostics and Therapy, we are well aware that prevention and early diagnosis are the keys to better health. Research and development by providers and informed communication from patients through high-quality diagnostic imaging and laboratory tests help empower men to take care of their health and to make intelligent choices about their health care.

Why Preventive Health Screenings Matter?

The goal of preventive health screenings is to

detect a significant health problem before it becomes serious. As such, they can be easier to treat if discovered at an early stage and can prevent problems.

Unfortunately, there are lots of males who either pay no attention to the symptoms or ignore them altogether, until it is too late, such as when they become tired, develop a loss of weight, find it difficult to take a breath, become distressed, have difficulty urinating, and also have decreased stamina, etc. They may be a symptom of other medical conditions that should be evaluated.

Regular checks enable them to become familiar with their health, or if there are any health risks that they were not aware of.

Essential Health Screenings Every Man Should Have



Blood Pressure Monitoring

The blood pressure is also known as the silent killer; it might not have a noticeable symptom, but it puts people at a higher risk of having heart diseases, a stroke, or kidney diseases. Regular blood pressure checks help:

- Detect hypertension early
- Monitor cardiovascular health
- Prevent long-term complications

For men over age 18, blood pressure should be monitored periodically to check for any tendencies towards cardiovascular disease, particularly if there is a familial history of cardiovascular disease.

Blood Sugar Testing



Diabetes is on the rise in adults of all ages. Blood Sugar monitoring can help detect the symptoms and prevent complications that involve the heart, kidneys, eyes, and nerves. Recommended tests include:

- Fasting Blood Sugar
- HbA1c Test
- Post-Prandial Blood Sugar

People who are overweight, sedentary, or have a history of diabetes should administer the medication regularly.

Lipid Profile (Cholesterol Testing)

Cholesterol is very often silent, but it leads to cardiovascular diseases such as heart attacks and strokes. A lipid profile evaluates:

- Total Cholesterol
- HDL (Good Cholesterol)
- LDL (Bad Cholesterol)
- Triglycerides

Regular cholesterol checks are a good way to check cardiovascular risk in case.

Complete Blood Count (CBC)

One of the most widely recommended blood tests is a CBC, which offers valuable information about your overall health. It helps identify:

- Anemia
- Infections
- Inflammatory conditions
- Immune system disorders

Abnormalities in the CBC can be identified before symptoms occur.

Liver and Kidney Function Tests



The liver and kidneys have important roles to play in maintaining good health. Disorders of these organs can develop without causing any symptoms. These tests help:

- Evaluate organ function
- Detect infections or inflammation
- Monitor chronic health conditions
- Assess medication-related effects

Regular checks are able to detect problems promptly and avoid permanent damage.

Prostate Health Screening

Prostate health problems are more frequent as men get older.

It is important to recognise and diagnose them early to manage them effectively. Prostate evaluation may include:

- Prostate-Specific Antigen (PSA) Test
- Clinical Assessment by a Physician

All men should consider screening their prostate when they are 50 years old or younger, if they have a family history of prostate cancer.

Vitamin D and Nutritional Assessment

Vitamin deficiencies may lead to tiredness, weak muscles, a weakened immune system, and diminished skeletal health. Important tests may include:

- Vitamin D Test
- Vitamin B12 Test
- Iron Profile and Ferritin Levels

These evaluations can be used to detect any nutritional deficiencies that may affect a person's overall health and well-being.

Advanced Diagnostic Imaging for Men's Health

In today's modern world, imaging technology is important to the diagnosis and management of a variety of medical conditions.

PET-CT Imaging

PET-CT uses metabolic and anatomical images to provide very detailed information regarding the functioning of the body. PET-CT is commonly used for:

- Early cancer detection
- Monitoring treatment response
- Detecting disease recurrence
- Evaluating infection and inflammation
- Assessing neurological and cardiac conditions

It is one of the most powerful diagnostic tools of the day because it can detect abnormalities at such a young age.

MRI and CT Scan Services

MRIs and CT scans assist doctors in making an accurate diagnosis of various conditions in different parts of the body. MRI is commonly used for:

- Brain and spine evaluation
- Joint and ligament injuries
- Soft tissue assessment
- Neurological disorders

CT scans are highly effective for:

- Chest and lung imaging
- Trauma evaluation
- Abdominal investigations
- Detection of tumors and infections

Advanced imaging systems offer comprehensive and accurate diagnostic data, enabling optimized treatment planning at Molecular Diagnostics and Therapy.

Take Charge of Your Health This Men's Health Month

June, Men's Health Month, is an excellent reminder not to take health for granted. Preventative screening, early diagnosis, and healthy lifestyle measures are some of the best ways to safeguard future wellness and enhance life.

At Molecular Diagnostics and Therapy, we continue to deliver cutting-edge diagnostic services, cutting-edge imaging, and trusted healthcare support to enable people to make informed health decisions. If you're looking for ways to take care of your health this June, make sure to get your screening dates scheduled and ask men in your family to do the same.

Stay Healthy. Stay Informed. Stay Empowered.

OUR TECHNOLOGY

Molecular Diagnostics and Therapy integrates medical expertise and cutting-edge diagnostic technology to deliver precise, reliable, and timely healthcare solutions.

DIGITAL PET-CT (Positron Emission Tomography – CT)



The use of our advanced Digital PET-CT System uncovers details in the body's metabolism by merging functional and anatomical imagery. It is an important tool for the early detection of cancer, for determining the extent of the cancer, and for cancer response to treatment.

CT Scan (Computed Tomography):



We have the latest uCT 520 CT Scanner, delivering high-resolution cross-sectional images which allow the diagnosis of many medical conditions.

MRI (Magnetic Resonance Imaging):



Our Siemens MAGNETOM Sempra 1.5T MRI System ensures the highest image quality for the brain, spine, joints, muscles, and internal organs. Offers comprehensive diagnostic data with no radiation exposure to patients, it is both safe and accurate.

Ultrasound:



Real-time imaging of abdominal, vascular, thyroid, prostate, and other soft tissue applications, at a high level of quality, is rendered by our Resona 19 and DC-80 X-Insight premium Ultrasound Systems. These systems assist doctors in diagnoses in a rapid and effective manner.

Digital X-Ray:



Our MI 400 HF Digital Radiography System yields clear, high-resolution images at a lower dose rate. Helps with the diagnosis of bone injuries, chest conditions, infections, or other musculoskeletal conditions; helps ensure patient comfort and safety.

Mammography



We use our Digital Mammography System for advanced breast imaging to diagnose and screen early breast changes. The system provides accurate, high-resolution pictures that are helpful for timely diagnosis and effective treatment planning.

Pathology & Laboratory Services



Our automated lab conducts various diagnostic and blood administration services, for example, standard blood exams, hormone strategies, diabetes screenings, infectious disease specialists, nutrition exams, and preventative health screening.

Cardiology Diagnostics



We offer a broad range of cardiac diagnostic services, including ECG, 2D Echo, Treadmill Test (TMT), Holter Monitoring, and Stress Testing. These investigations are useful to evaluate heart health, uncover cardiovascular diseases early, and monitor current heart conditions.

Gamma Camera / Nuclear Medicine



Our Gamma Camera System is an advanced system for nuclear medicine imaging to assess the function of organs and for early diagnosis of diseases. It is utilised routinely for cardiac, bone, thyroid, renal, and special diagnostic imaging studies, and it gives highly accurate functional imaging and reliable results.

Commitment to Diagnostic Excellence

As Molecular Diagnostics and Therapy seek to continue providing accurate diagnostics, timely disease detection, and personalised treatment, we are blending cutting-edge technology with medical expertise. We are dedicated to ensuring that each patient receives the most up-to-date and precise results and that services are delivered at the highest standards of health care.

Health Camp Initiative – Ram Mandir Hall, Vivek Vihar, Delhi



Molecular Diagnostics and Therapy successfully conducted a preventive healthcare camp at Ram Mandir Hall, Vivek Vihar, Delhi, with over 200 participants benefiting from a range of healthcare and diagnostic services. The camp provided convenient access to pathology testing and basic health assessments, encouraging individuals to take a proactive approach to their health.

The initiative aimed to raise awareness about the importance of preventive healthcare, regular health check-ups, and early diagnosis. Our healthcare professionals engaged with attendees, offering guidance on health monitoring and the role of timely screenings in maintaining overall well-being.

At Molecular Diagnostics and Therapy, we are committed to promoting health awareness and making quality diagnostic services more accessible to the community. Through such outreach programs, we strive to empower individuals with the knowledge and resources needed to make informed healthcare decisions.

The positive response from participants highlights the growing importance of preventive healthcare and motivates us to continue organizing initiatives that support early detection, disease prevention, and healthier communities.

Patient Experience



“Mrs. Geeta” – PET-CT Scan ★★★★★

“I had a very good experience during my PET-CT scan visit. The staff members were courteous, attentive, and guided me throughout the process with patience and care. They made sure I was comfortable and informed at every stage of the procedure. The scan was conducted efficiently, and my reports were delivered promptly. I am satisfied with the excellent service and support provided by the centre.”

“Mr. Zamiruddin” – PET-CT Scan ★★★★★

“My PET-CT scan experience at the centre was very comfortable and well-managed. The staff was polite, supportive, and explained the entire procedure clearly, which helped ease my concerns. The facility was clean and organized, and the scan was completed smoothly without any inconvenience. I received my reports on time and appreciate the care and professionalism shown by the team.”



“Mrs. Ruchi Chaudhary” – PET-CT Scan ★★★★★

“My experience at the centre for my PET-CT scan was excellent. The staff was friendly, professional, and ensured that I felt comfortable throughout the procedure. They explained each step clearly and addressed all my concerns with patience. The scan was completed smoothly and on time, and I received my reports without delay.”

Scan & Give Your Feedback



Our Locations – Bringing Advanced Diagnostics Closer to You



Plot No. 14,15, Sanjay Nagar, Sector 23,
Ghaziabad, Uttar Pradesh – 201002
**Molecular Diagnostics and Therapy –
Ghaziabad, Uttar Pradesh**



H-2, Basement Ground Floor, Ch. Hukam
Chand Marg, Green Park Extension, New Delhi – 110016
**Molecular Diagnostics and Therapy –
Green Park, Delhi**



27, In front of Metro Pillar No. 196, Paschim
Vihar Extension, Delhi – 110063
**Molecular Diagnostics and Therapy –
Paschim Vihar, Delhi**



Basement, Opposite Metro Pillar No. 236 & 237, Hoshiarpur
Village, Sector 51, Noida, Uttar Pradesh – 201301
**Molecular Diagnostics and Therapy –
Sector 51, Noida, Uttar Pradesh**



Building No. 23, Hari Govind Plaza, Saharanpur Road,
Patel Nagar, Dehradun, Uttarakhand – 248001
**Molecular Diagnostics and Therapy –
Dehradun, Uttarakhand**



Building No. 1697, Sakhiya Villas, Opposite Jhansi Road
Police Station, Jhansi Road, Lashkar, Gwalior
**Molecular Diagnostics and Therapy –
Gwalior, Madhya Pradesh**



**Molecular Diagnostics and Therapy –
Meerut (Coming Soon)**



**Molecular Diagnostics and Therapy –
Aligarh (Coming Soon)**

“
Precision in **diagnosis**,
excellence in **care**.
”

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