

Dr. Nidhi Gupta

Co-Founder & Chief Human Resources Officer
BA (Applied Psychology),
MA (Applied Psychology), Ph.D. (Psychology)



About

Dr. Nidhi Gupta, the Co-Founder and Chief Human Resources Officer of Molecular Diagnostics and Therapy, plays an integral role in creating a workplace environment that represents the spirit of compassionate and patient-focused care. Dr. Nidhi Gupta, with her impressive background in psychology and human resource management, attempts to ensure the workplace environment takes into account the motivation of her employees in providing excellent patient care.

Drawing on her experience as a licensed therapist and the founder of Healing Nest, Dr. Nidhi Gupta possesses insight into modalities of therapy such as the use of hypnotherapy, expressive movement & dance therapy, art therapy, and psychotherapy. At Molecular Diagnostics and Therapy, she draws upon that insight to promote the wellness of the employees she works with to bring group unity. She strikes a balance between empathy and support as she encourages employees to deal with the emotional aspects of healthcare and work towards their profession with commitment and integrity.

Dr. Nidhi Gupta's exposure to the work at Healing Nest translates to her expertise in Molecular Diagnostics and Therapy in the area of spreading the importance of mental wellness, as well as professional wellness. Her focus is to equip the workplace with the help of tools that will enable employees to use adaptive mechanisms to adapt to the everyday struggle of work. This will reduce stress at the workplace while maintaining maximum efficiency. Dr. Nidhi Gupta's confidentiality and rapport-building skills remain unaltered even while working with the employees.

With this, Dr. Nidhi Gupta not only embellishes the organizational philosophy of Molecular Diagnostics and Therapy but also broadens its purpose of delivering distinguished patient care with care and concern for and commitment to the well-being of the team that makes it all possible. Her vision of fostering and working within an inspiring and resilient environment is the foundation of excellence.